



Co-funded by
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CyberBuddy

From Cyberbully to Cyberbuddy:

Cooperation for combating
cyberbullying among secondary
school students

Project Number: 2023-1-BG01-KA220-SCH-000154687



www.cyberbuddyproject.eu



Our achieved results:

WP2: CYBERBUDDY DIGITAL ESCAPE ROOMS:

Digital escape rooms that challenge students to navigate cyberbullying situations through interactive problem-solving.

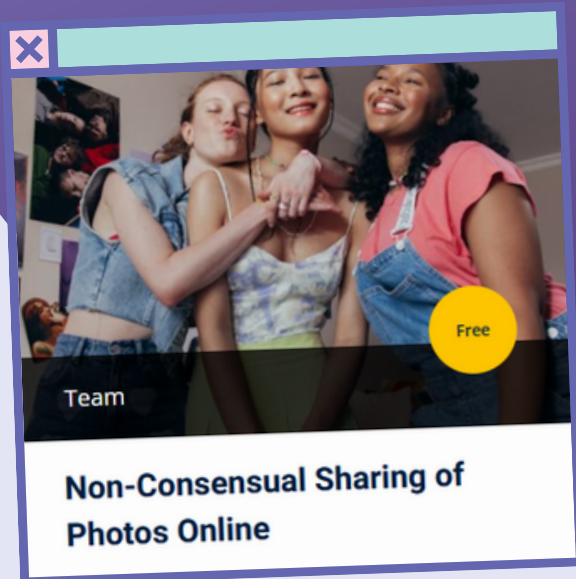
Each scenario empowers students to:

- Identify cyberbullying risks
- Build self-confidence in handling online conflicts
- Strengthen teamwork and digital empathy

Achievements:

- 18 digital escape room scenarios
- 126 lessons integrated into the games with quizzes
- Guidance book on how to play the Digital escape rooms
- Conducted testing and validation in 5 partner countries
- Available in 5 languages: English, Bulgarian, Greek, Italian, Portuguese
- Enhanced digital empowerment and awareness among teenagers

Our escape rooms enable students to develop critical thinking, confidence, and empathy while learning to recognize and respond to cyberbullying in a safe digital environment.



WP3: CYBERBUDDY DIARIES PLATFORM:

An interactive online platform bringing together all project resources.

It features:

- Videos showing real-life cyberbullying cases from three perspectives – the victim, the perpetrator, and the bystander.
- An e-book with case studies, reflection questions, and guidance for safe online interaction.
- The Digital escape rooms developed in WP2.

Achievements:

- Developed and tested platform prototype
- Created video scenarios & e-book topics
- Tested by 100+ students across 5 countries
- Platform finalized and available in EN, BG, IT, GR, PT

The platform enables students to explore cyberbullying from different perspectives, helping them navigate digital empathy, critical thinking, and responsible online behaviour.

Our achieved results:

WP4: "HOW TO RAISE CYBERBUDDY" GUIDELINES

Practical guidelines for teachers and parents to identify, prevent, and manage cases of cyberbullying.

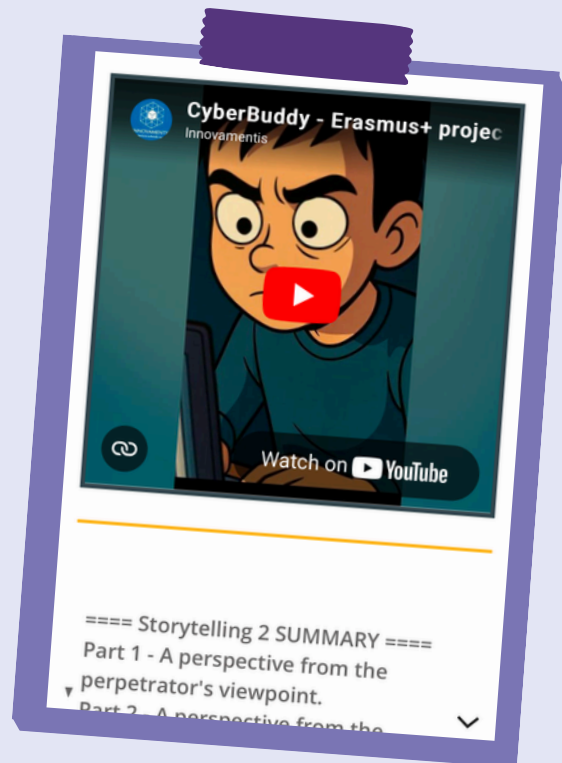
Key contents include:

- Understanding types and warning signs of cyberbullying
- Recognizing behavioural and emotional indicators
- Strategies for prevention and safe digital engagement
- Practical tools for responding to incidents

Achievements:

- Validated structure and topics with teachers and psychologists
- Tested and refined with over teachers and families
- Finalized in 5 languages (EN, BG, IT, PT, GR)
- Digitalized into the Cyberbuddy platform

The guidelines aim to empower teachers and parents to take proactive roles in guiding students toward safe, empathetic, and responsible online behaviour.



Together, we turn cyberbullies into CyberBuddies.



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